

The 1st ATS Student-Invited Colloquium  
Proudly Presents:

***Prof. Elizabeth A. Barnes***



**An Unstable State: My Continuous Struggle  
to Find Work-Life “Balance”**

**Abstract:** I am a climate scientist. I am also a professor, mentor, mother, partner, sister, daughter, friend, and general member of society. Performing well in any one of these roles is hard work for me, but performing perfectly in all of them is impossible. Here, I will discuss my continuing struggle to find balance between these aspects of my life, and how I am coming to terms with the fact that true “balance” may instead be the continuous movement between unstable states. Throughout this talk I will highlight lessons I have learned and those I am still learning, while sprinkling-in thoughts from colleagues across the field.

\*This talk is a reprise of a seminar Prof. Barnes gave in 2019



Hosted by the Grad Reps